

# Equipment for March Trip

March 12 - 14, 2010

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Back Pack  
Sleeping Bag . rated to 0 degrees or lower (or bring an extra blanket)  
Sleeping pad  
Warm Jacket  
Sweatshirt or Wool sweater or fleece  
Winter Hat  
Raingear  
Complete change of **WARM** clothes – no cotton –  
including:  
    long pants  
    2 T-shirts  
    1 long sleeve shirt  
    3pr. socks  
    underwear  
    Thermal underwear

Gloves  
Flashlight With new batteries in it  
First aid Kit (mostly Band-Aids)  
Toilet paper  
Paper towels  
2 Garbage bags  
Liquid soap for bottom of pans  
Toothbrush and paste  
Mess kit ( cup, bowl, fork, knife, spoon)  
stove - if you have one  
Water bottle or canteen  
Matches  
Snacks

**COST \$20.00/person**  
permission slip & money due:  
by March 8, 2010

Handbooks – if not 1<sup>st</sup> Class  
Compass – if you own one

**Must have snow boots or sturdy well fitted hiking boots.**

Going - Meet at St. Johns at 7:00 PM  
on Friday, March 12<sup>th</sup>.

Return – Dropped at home Sunday 14<sup>th</sup>  
About 1 PM

**Food**  
2 Breakfasts  
2 bag Lunches (no Cooking)  
1 Dinner  
snacks